

Seaside

Channel Guide Lineup

Effective Date October 17, 2025

optimum

Networks

Ch.

Packages

Ceddar News (HD Only)

HD

1

CBS (WCBS)

HD

2

ION (WPXN)

HD

3

NBC (WNBC)

HD

4

FOX (WNYW)

HD

5

ABC (WPVI)⁷

6

ABC (WABC)

7

PBS (NJTV)

HD

8

My9 (WWOR)

HD

9

NBC (WCAU)⁷

HD

10

CW (WPIX)

HD

11

News 12 New Jersey

HD

12

PBS/Thirteen (WNET)

HD

13

i24NEWS

HD

14

HSN

HD

15/147

Telemundo (WNJU)

HD

16/1007

UniMÁS

HD

17/1005

Univisión (WXTV)

HD

18/1004

MyPHL17 (WPHL)

19

FOX (WTXF)⁷

20

PBS (WHYY)⁷

21

NYC Life

HD

22

MSNBC²

HD

23

CNBC

HD

24

CNN²

HD

25

FOX News Channel

HD

26

Discovery Channel²

HD

27

TLC

HD

28

Food Network²

HD

29

HGTV²

HD

30

MeTV (WJLP)

HD

33

TV Land

HD

34

TNT

HD

37

USA Network

HD

38

TBS

HD

39

FX

HD

40

Paramount Network

HD

41

WE tv²

HD

42

AMC

HD

43

Bravo

HD

44

Lifetime

HD

45

A&E

HD

46

History²

HD

47

WRNN

48

Freeform

HD

49

Comedy Central

HD

50

E!

HD

51

VH1

HD

52

MTV

HD

53

BET

HD

54

MTV2

HD

55

Animal Planet²

HD

57

truTV

HD

58

CNN Headline News²

59

News 12+

HD

61

The Weather Channel

HD

62

WMBC

HD

63

Syfy

HD

65

C-SPAN 2⁷

66

Religious Programming

67

C-SPAN⁷

75

QVC

HD

77

Public Access/
Municipal Access/
Local Programming
WLNy

HD

78

Oxygen True Crime

HD

81

NewsNation

HD

82

IFC

HD

83

fuse²

HD

87

GSN

88

Hallmark

HD

92

Hallmark Mystery

HD

93

HSN2⁷

94

BUZZR

95

Travel Channel

HD

96

Turner Classic Movies²

HD

97

BBC America

HD

101

Newsmax

HD

102

EuroNews^{2,7}

103

BBC News⁷

104

Bloomberg TV²

HD

105

FOX Business Network

HD

106/772

C-SPAN 3²

107

Charge!

108

COZI TV

HD

109

Localish (HD Only)

HD

110

Start TV

112

MOVIES!

113

Antenna TV

114

KIDS

Ch.

Packages

Discovery Family Channel^{2,7}

120

Nickelodeon

HD

121

Nicktoons TV⁷

122

Nick Jr.

HD

123

Teen Nick⁷

124

Disney Channel

HD

31/125

Disney Junior

HD

126

Disney XD

HD

127

Cartoon Network²

HD

32/128

Boomerang²

129

PBS Kids Thirteen

131

Networks

Ch.

Packages

PBS World (WLIW)

132

PBS Create (WLIW)

133

Trinity Broadcasting Network

134

EWTN^{2,7}

135

Daystar^{2,7}

136

Catholic Faith Network^{2,7}

137

Jewish Broadcasting Service^{2,7}

138

Heroes & Icons

140

Discovery Life⁷

141

NHK World (HD only)

HD

142

GET

143

DABL

145

American Crimes

146

Comet

148

Shop LC

149

MotorTrend (HD only)

HD

150

Rewind TV

151

Crime & Investigation

152

Network (HD only)

HD

153

MTV Live (HD only)

HD

153

Pop

HD

154

Gem Shopping Network⁷

HD

155

Great American Faith and Living⁷

156

Key

Basic TV

Extra TV

Core TV

Value TV

Select TV

Everything TV

Premier TV

HD

High Definition

Cowboy Channel⁷

157

Nat Geo Wild

HD

158

FXX

HD

159

FYI

HD

160

Vice TV

HD

161

National Geographic²

HD

162

Smithsonian Channel

HD

163

The Grio

164

Classic Arts Showcase⁷

165

Cooking Channel

HD

166

Magnolia Network

HD

167

Justice Central

168

Recipe.TV

169

Science Channel

HD

170

Investigation Discovery

HD

171

Destination America

HD

172

American Heroes Channel

173

LMN¹

174

FETV

175

Cleo TV

176

ReelzChannel²

HD

177

TV One^{2,7}

178

LOGO TV

179

OWN²

HD

180

Jewelry Television⁷

182

QVC2⁷

HD

183

Great American Family

HD

184

BET Her⁷

185

MTV Classic⁷

186

CMT

HD

187

AXS

HD

188

Hallmark Family⁷

189

FX Movie Channel⁷

190

HDNet Movies

191

SundanceTV

HD

192

Fox Weather⁷

193

MTV Tr3s^{6,7}

195/1073

NBC Universo^{6,7}

HD

197/1074

Galavisión

HD

198/1006

SPORTS

Ch.

Packages

YES Network

HD

70/201</

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Networks

Networks	
A&E HD	46
ABC (WABC)	7
ABC (WPVI) ⁷	6
ACC Network ^{3,4,7} HD	248
Adult Programming ^{1,8}	520-533
Alpha ^{6,7}	1123
Amazon Prime Video ^{8,10}	901
AMC HD	43
American Crimes	146
American Heroes Channel	173
Animal Planet ² HD	57
Anime Network On Demand ^{1,8}	507
Antena 3 ^{6,7}	1044
Antenna Satellite ^{1,6,7}	1122
Antenna TV	114
ART ^{1,7}	1135
Atres Series ^{6,7}	1092
AXS HD	188
BBC America HD	101
BBC News ⁷	104
beIN Sports ³ HD	231
beIN Sports en Español ^{3,6,7} HD	230/1070
BET HD	54
BET Her ⁷	185
Bloomberg TV ² HD	105
Boomerang ²	129
Bravo HD	44
BTN ^{3,4} HD	247
BUZZR	95
C-SPAN ⁷	75
C-SPAN 2 ⁷	66
C-SPAN 3 ²	107
Caller ID ⁹	630
Canal America ^{6,7}	1014
Canal Sur ^{6,7}	1042
Caracol TV Internacional ^{6,7}	1034
CaribVision ^{1,6,7}	1104
Cartoon Network ² HD	32/128
Cartoon Network (SAP) ^{6,7}	1082
Catholic Faith Network ^{2,7}	137
CBS (WCBS) HD	2
CBS Sports Network ^{3,4} HD	215
CCTV-4 ^{1,6,7}	1150
centroaméricatv ^{6,7}	1030
Charge!	108
Cheddar News (HD Only) HD	1
Cine Latino ^{6,7}	1058
Cine Mexicano ^{6,7}	1057
Cinemax ^{1,7} HD	371
Cinemáx ^{1,7} HD	375
Cinemax Action ^{1,7} HD	379
Cinemax Classics ^{1,7} HD	376
Cinemax Hits ^{1,7} HD	372
Cinemax On Demand ^{1,8}	370
Cinemax West ^{1,7} HD	378
Classic Arts Showcase ⁷	165
Cleo TV	176
CMT HD	187
CNBC HD	24
CNN ² HD	25
CNN en Español ^{6,7}	1012
CNN Headline News ²	59
Comedy Central HD	50
Comet	148
Cooking Channel HD	166

Cowboy Channel ⁷	157
COZI TV HD	109
Crime & Investigation	152
Network (HD only) HD	
CTS America ^{1,6,7}	1156
Cuba Play ^{6,7}	1028
CW (WPXI) HD	11
DABL	145
Daystar ^{2,7}	136
Destination America HD	172
Discovery Channel ² HD	27
Discovery en Español ^{6,7}	1013
Discovery Familia ^{6,7}	1018
Discovery Family Channel ^{2,7}	120
Discovery Life ²	141
Disney Channel HD	31/125
Disney Junior HD	126
Disney XD HD	127
Disney XD (SAP) ^{6,7}	1084
Dominican View ^{6,7}	1025
DVR Playback ²	1000
E! HD	51
Ecuavisa Internacional ^{6,7}	1031
En Español On Demand ^{4,8}	1099
Eros Now On Demand ^{1,6,8}	1165
ESPN HD	36/210
ESPN Deportes ^{6,7}	227/1066
ESPN2 HD	35/211
ESPNEWS HD	216
ESPNU ^{3,4} HD	217
Estrella TV ⁷	1010
ET Global NY ^{1,6,7}	1149
EuroNews ^{2,7}	103
EWTN ^{2,7}	135
EWTN Español ^{6,7}	1097
FanDuel TV ^{3,7}	245
FETV	175
Fight Network ^{3,7}	244
Flix ⁷	397
Food Network ² HD	29
FOROtv ^{6,7}	1022
FOX (WNYW) HD	5
FOX (WTFX) ⁷	20
FOX Business Network HD	106/772
FOX Deportes ^{6,7}	228/1067
FOX News Channel HD	26
FOX Soccer Plus ^{1,7} HD	232
FOX Sports 1 HD	69/213
FOX Sports 2 ^{3,7}	214
Fox Weather ⁷	193
Free On Demand ⁸	502
Freeform HD	49
fuse ³ HD	87
FX HD	40
FX Movie Channel ⁷	190
FXX HD	159
FYI HD	160
Galavisión HD	198/1006
Game+ ^{3,7}	238
Gem Shopping Network ⁷ HD	155
GET	143
GMA Pinoy TV ^{1,6,7}	1162
GOL TV ^{5,7}	233
Gol TV (Spanish) ^{6,7}	1068
Great American Faith and Living ⁷	156
Great American Family HD	184
GSN	88
Hallmark HD	92

Hallmark Family ⁷	189
Hallmark Mystery HD	93
HBO ¹ HD	301
HBO Comedy ¹ HD	303
HBO Drama ¹ HD	310
HBO Drama West ¹ HD	308
HBO Hits ¹ HD	302
HBO Hits West ¹ HD	307
HBO Latino ¹ HD	305
HBO Movies ¹ HD	304
HBO On Demand ^{1,8}	300
HBO West ¹ HD	306
HDNet Movies	191
here! On Demand ^{1,8}	509
Heroes & Icons	140
HGTV ² HD	30
History ² HD	47
History en Español ^{6,7}	1017
HITN ^{6,7}	1011
HOLA TV ^{6,7}	1081
HSN HD	15/147
HSN2 ⁷	94
i24NEWS HD	14
i24NEWS (in French) ^{1,6,7}	1108
IFC HD	83
INTNT Network ^{6,7}	1094
Investigation Discovery HD	171
ION (WPXN) HD	3
ITV Gold ^{1,6,7}	1168
iTVN ^{1,6,7}	1115
Jewelry Television ⁷	182
Jewish Broadcasting Service ^{2,7}	138
Jus Punjabi ^{1,7}	1164
Justice Central	168
KBS World ^{1,6,7}	1155
Kids Street SAP ^{6,7}	1049
Lifetime HD	45
LMN ¹	174
Localish (HD Only) HD	110
LOGO TV	179
Magnolia Network HD	167
MAS CHIC ^{6,7}	1093
MBC ^{1,6,7}	1153
Mediaset Italia ^{1,6,7}	1195
MeTV (WJLP) HD	33
MLB Extra Innings/ NHL Center Ice (HD Only) ^{5,7} HD	254-267
MLB Network ³ HD	222
MotorTrend (HD only) HD	150
MOVIES!	113
MSG HD	71/203
MSG Sportsnet HD	72/204
MSNBC ² HD	23
MTV HD	53
MTV Classic ⁷	186
MTV Live (HD only) HD	153
MTV Tr3s ^{6,7}	195/1073
MTV2 HD	55
Multi-Room DVR Playback ⁹	1001
My9 (WWOR) HD	9
MyPHL17 (WPHL)	19
Nat Geo Mundo ^{6,7}	1016
Nat Geo Wild HD	158
National Geographic ³ HD	162
NBC (WCAU) ⁷ HD	10
NBC (WNBC) HD	4
NBC Universo ^{6,7} HD	197/1074
Netflix ^{8,10}	600
News 12 Interactive ^{8,10}	612
News 12 New Jersey HD	12
News 12+ HD	61
Newsmax HD	102
NewsNation HD	82
NFL Network ³ HD	219

FFL RedZone ³	HD	220
NHK World (HD only)	HD	142
NHL Network ³	HD	223/268
Nick Jr.	HD	123
Nickelodeon	HD	121
Nicktoons TV ⁷		122
Noire Africa ^{1,6,7}		1100
NTD TV ^{1,7}		1151
NTN24 ^{6,7}		1021
Nuestra Tele ^{6,7}		1033
NYC Life	HD	22
On Demand ^{1,8}		500
OWN ²	HD	180
Oxygen True Crime	HD	81
Paramount Network	HD	41
Paramount+ with Showtime ¹	HD	321
Paramount+ with Showtime West ¹	HD	327
Pasiones ^{6,7}		1090
PBS (NJTV)	HD	8
PBS (WHYY) ⁷		21
PBS Create (WLIW)		133
PBS Kids Thirteen		131
PBS (WLIW)		132
PBS/Thirteen (WNET)	HD	13
Phoenix InfoNews ^{1,6,7}		1147
Phoenix North America Chinese Channel ^{1,6,7}		1146
Pop	HD	154
Public Access/ Municipal Access/ Local Programming		78
QVC	HD	77
QVC2 ⁷	HD	183
Racer ^{3,7}		243
RAI Italia ^{1,6,7}		1194
RCN Novelas ^{6,7}		1085
RecipeTV		169
ReelzChannel ²	HD	177
Religious Programming		67
Rewind TV		151
RTN ^{1,6,7}		1183
RTP ^{1,6,7}		1127
RTV ^{1,6,7}		1182
Science Channel	HD	170
SEC ^{4,7}	HD	246
SET ^{1,6,7}		1173
Shannon TV ^{1,6,7}		1188
Shop LC		149
Showtime 2 ¹	HD	322
Showtime 2 West ¹	HD	328
Showtime Extreme ¹	HD	331
Showtime Family Zone ^{1,7}		325
Showtime Next ^{1,7}		324
Showtime On Demand ^{1,8}		320
Showtime Showcase ¹	HD	330
Showtime Showcase West ¹	HD	329
Showtime Women ^{1,7}		326
SHOxBET ^{1,7}		323
Smithsonian Channel	HD	163
Sports Overflow 1	HD	73/205
Sports Overflow 2	HD	206
Sportsman Channel ^{3,7}		242
SportsNet New York	HD	60/202
SPT ^{1,6,7}		1128
Start TV		112
Starz ¹	HD	341
Starz Cinema ^{1,7}		347
Starz Comedy ^{1,7}	HD	346
Starz Edge ¹	HD	343
Starz Encore ¹	HD	351
Starz Encore Action ^{1,7}		358
Starz Encore Black ^{1,7}		355
Starz Encore Classic ^{1,7}		354
Starz Encore Espanol ^{1,6,7}		359/1056

Starz Encore Family ^{1,7}	356
Starz Encore On Demand ^{1,8}	350
Starz Encore Suspense ^{1,7}	352
Starz Encore West ^{1,7}	357
Starz Encore Westerns ^{1,7}	353
Starz in Black ^{1,7}	344
Starz Kids & Family ¹ HD	342
Starz On Demand ^{1,8}	340
Starz West ¹ HD	345
Stingray Music ⁷	850-899
SundanceTV HD	192
Supercanal Caribe ^{6,7}	1023
SUR Perú ^{6,7}	1039
Syfy HD	65
Tarima ^{6,7}	1019
TBS HD	39
Teen Nick ⁷	124
Teleformula ^{6,7}	1041
Telemicro Internacional ^{6,7}	1024
Telemundo (WNJU) HD	16/1007
Televisión Dominicana ^{6,7}	1029
TeleXitos ⁷	1048
Tempo ^{1,6,7}	1105
Tennis Channel (HD only) ³ HD	226
The Filipino Channel ^{1,6,7}	1161
The Golf Channel ³ HD	224
The Grio	164
The Israeli Network ^{1,7}	1118
The Korean Channel-TKC ^{1,6,7}	1154
The Weather Channel HD	62
TLC HD	28
TMC ¹ HD	391
TMC On Demand ^{1,8}	390
TMC West ^{1,7} HD	392
TMC Xtra ^{1,7} HD	393
TMC Xtra West ^{1,7} HD	394
TNT HD	37
Travel Channel HD	96
Trinity Broadcasting Network	134
truTV HD	58
TUDN ^{6,7} HD	229/1065
Turner Classic Movies ² HD	97
TV Asia ^{1,6,7}	1167
TV Chile ^{6,7}	1032
TV Globo ^{1,6,7}	1129
TV Land HD	34
TV One ^{2,7}	178
TV Quisqueya ^{6,7}	1027
TV Record ^{1,6,7}	1130
TV5MONDE ^{1,6,7}	1109
TVE Internacional ^{6,7}	1043
TVN24 ^{1,6,7}	1117
UniMÁS HD	17/1005
Univisión (WXTV) HD	18/1004
Univisión thovelas ^{6,7}	1091
USA Network HD	38
Ve Plus ^{5,7}	1020
VH1 HD	52
Vice TV HD	161
Videorola ^{6,7}	1086
ViendoMovies ^{6,7}	1059
WAPA America ^{6,7}	1026
WE tv ² HD	42
Willow ^{3,6,7}	239/1171
WLNY HD	80
WMBC HD	63
World Fishing Network ^{3,7}	241
WRNN	48
YES Network HD	70/201
You Tube ^{8, 10}	603
Zee TV ^{1,6,7}	1169

Customers receiving service through their apartment or housing complex may still have the retired Optimum Silver package. The Optimum Silver package includes all channels in the Optimum Select package, as well as MGM, Lifetime Movie Network, and the HBO, Showtime, and Starz suites of channels. Commercial Bulk customers with the Optimum Preferred package receive the same content that is included in Select TV.

- 1 Priced individually. Visit optimum.com/pricing
- 2 Also available as part of Economy TV
- 3 Available as part of the Sports Pack
- 4 Available with International Channels. Certain channels available as individual selections. Visit optimum.com/pricing
- 5 Select digital cable-ready devices may require a compatible Tuning Adapter (with a CableCARD) to view. Separately, channels are not available to view on a DTA.
- 6 Optimum One/Optimum TV box: To find these channels/categories, press the home button on your remote and scroll to make your selection. Channel Apps may require a separate subscription.
- 7 Not available with Optimum One/Optimum TV box.
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- 6 Optimum One/Optimum TV box: To find these channels/categories, press the home button on your remote and scroll to make your selection. Channel Apps may require a separate subscription.
- 7 Not available with Optimum One/Optimum TV box.
- 8 Only available with Optimum One/Optimum TV box.
- 9 A Samsung cable box is needed to view these channels.

Customers receiving service through their apartment or housing complex may still have the retired Optimum Silver package. The Optimum Silver package includes all channels in the Optimum Select package, as well as MGM, Lifetime Movie Network, and the HBO, Showtime, and Starz suites of channels. Commercial Bulk customers with the Optimum Preferred package receive the same content that is included in Select TV.

- 1 Priced individually. Visit optimum.com/pricing
- 2 Also available as part of Economy TV
- 3 Available as part of the Sports Pack
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